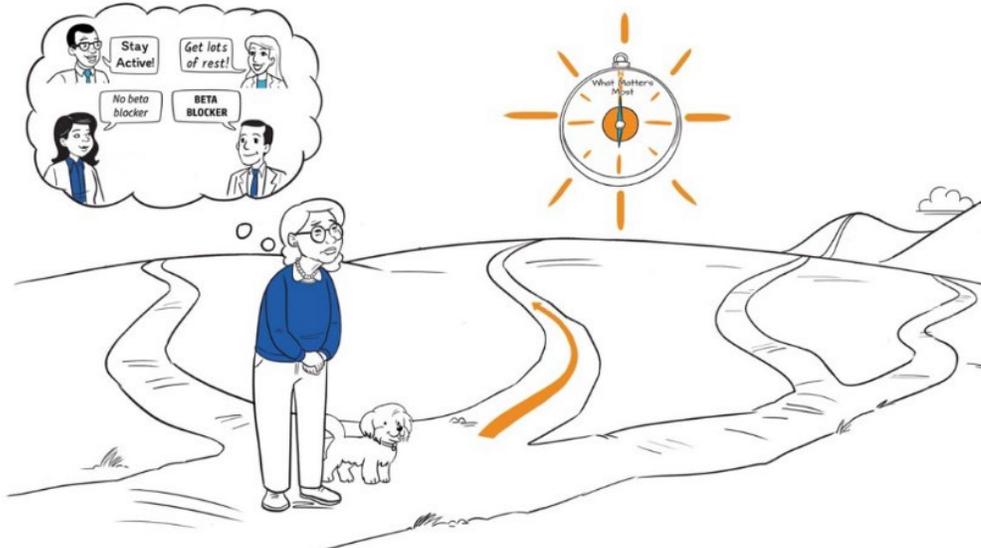


PATIENT PRIORITIES CARE is care Focused on What Matters to You:



When you face many health conditions, there is rarely just one best option. Your clinicians want to help you choose care based on your life, health conditions, and what matters most to you. Patient Priorities Care helps you and your clinicians focus healthcare decisions about what matters most to you - your own health priorities.

What are Health Priorities? Health priorities include the health and life goals and activities you want your health care to help you with given what you are willing and able to do.

WHY ARE YOUR HEALTH PRIORITIES IMPORTANT?

What matters most in life and health is different for everyone. The more you and your clinicians know about what matters most to you, the better you and your health care team can work together to line up decisions about your health with your health priorities.

HOW DOES PATIENT PRIORITIES CARE WORK?

There are two ways to identify your health priorities:

1. **Guided by someone on your health care team (by phone, video, or in-person).** A member of your healthcare team will work with you (and your caregiver if desired) to learn about what you want out of your health care, and what matters most to you.





2. **Self-directed using the MyHealthPriorities.org website (online tool).** This self-directed website guides you (and your caregivers if desired) in identifying your health priorities.

Both methods will provide a summary for you to bring to your clinicians to help with making health care decisions.

Health priorities identification includes:

1. Identifying **What Matters Most to You:** Explore what matters most to you in your life and health.
2. Setting **Your health outcome goal**
This involves getting more specific and realistic about what you want to do and identifying one activity that you most want to do.
3. Reviewing **Your health symptoms and problems:** It is important to know about the symptoms or health problems that are most bothersome.
4. Reviewing **Your health care Tasks and Medications:** We want to help you find a balance between the health goal you desire **AND** the health care tasks/medications you are willing and able to do/take to achieve this goal.



"I want to have my friends over once a week for lunch and poker"
- Dave

CHOOSING THE ONE THING TO FOCUS ON: The One Thing is what you most want to focus on to achieve your most important health outcome goal based on your answers to the previous questions. This doesn't mean your health care team won't address other problems you've identified, it's just a way to get started to make sure they know what matters most to you.



www.PatientPrioritiesCare.org