

<b>Patient Name:</b>		<b>Date:</b>	
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### Patient Priorities Care: Health Priorities Template

**Current Function and Support:**

**Health trajectory** (Current understanding of how health will likely change over the next few years):

**Matters most (Values):**

**SMART Health Outcome Goals**

- 1.
- 2.
- 3.

**Helpful care:** The medications, self-management tasks, clinical visits, tests, or procedures, that I think are helping me most with my health goals and I can do them without too much difficulty

- 1.
- 2.
- 3.

**Difficult or bothersome care:** The medications, self-management tasks, clinical visits, tests, or procedures that don't think are helping my goals and are bothersome or too difficult for me. I would like to talk with my doctor about whether these are helping my goals. If not, can I stop them or cut back? If they are helping, is there a way to make them less bothersome or less difficult?

- 1.
- 2.
- 3.

**Specific ask (One Thing):** The one thing about my healthcare I most want to focus on is *(fill in a health problem that you think is keeping you from achieving your health outcome goal OR the healthcare task that is most bothersome or difficult)* so that I can do (desired activity) more often or more easily.

<b>Priorities Facilitator:</b>		<b>Phone/Email:</b>	
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